



**Learning
Connections**
Helping children achieve

"This is the best teacher professional development I have attended!"

Primary school teacher, Brisbane

Movement is Serious Fun!

The Learning Connections' School Program uses the power of movement to improve children's ability to concentrate and learn.

The Learning Connections' School Program is an evidence-based neurodevelopmental movement program that enhances children's ability to focus, builds confidence and social skills, and boosts their ability to learn.

Maximising children's opportunities for learning and development is key to effective curriculum.

The impact of the School Program is foundational and holistic – it enhances children's capacity for learning and development through a series of integrated and reciprocal effects – beginning with enhanced motor skills and sensory awareness, leading to enhanced cognitive capacity and self-regulation and, ultimately, enhanced ability to learn.

The Program consists of a set of movement exercises for the whole class, delivered by teachers, and taking 15 to 20 minutes each day to complete.

What the Program looks like

We use a two-stage approach to train teachers in the delivery of the Program and establish in schools.

We are flexible with this delivery and tailor the Program in response to your needs, adjusting the activities where required to integrate with curriculums and routines.

A TYPICAL PROGRAM DELIVERY INCLUDES:

Stage 1:

- A two-day teacher training workshop;
- A parent and community engagement workshop

Stage 2: Follow-up (starting 4 to 6 weeks after Stage 1)

Follow-up is critical to reinforce and strengthen the skills for implementing the program effectively. It includes:

- Individual classroom reviews to mentor and support individual teachers to embed the Program, troubleshoot, extend activities, and to refresh their knowledge;
- a one-hour parent engagement follow-up, providing parents information about the Program and tips for supporting children at home.

What others say

"At the start of each school day you will see students involved in the Learning Connections Program. You will also see a smile on the faces of parents walking past as they know their children are getting ready to learn. Parents have shared what they have heard and seen in action and noticed the difference it has made to their child's focus. Having Learning Connections in our school is now a drawcard." *Rita Cranitch, St Francis Primary School, Ayr*

"Students love doing Learning Connections because they love to move, and teachers love providing Learning Connections opportunities because they can see the children are ready to learn... This year we are providing Learning Connections in all our classrooms across the school." *Former Teacher, Primary School Toowoomba*

Why it's an ideal School Improvement investment

- it engages the whole group, settling them and preparing them for learning;
- It enhances student (and teacher) well-being, with strategies for calming, self-regulation and emotional expression;
- it builds teacher capability and is simple to implement – taking just 20 minutes each day,
- it requires no equipment;
- its outcomes are measurable, evidence-based and provide value for money;
- it can be adapted to meet the needs and capabilities of children at different ages;
- parents and the community are engaged as partners in the Program;
- regional and remote schools can access. We come to you!

Work with us

Every school is unique. That's why we partner with leadership teams to design workshops that match your needs, curriculum goals, and community context.

Let's start the conversation about making movement a foundation for learning in your school.



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Arrange professional development
workshops personalised for your school or
educational setting

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